# **City of Yuma**

Run & Fun Walks

2020-2021



YUMA COUNTY WELLNESS PROGRAM



#### **Zombie Fun Run**

Date: Saturday, October 10

Time: 6:00 PM

Location: Desert Sun Stadium

Deadline to register: October 5th at noon

2

### **Turkey Trot**

Date: Saturday, November 14

Time: 8:15 AM

Location: Gateway Park

Deadline to register: November 9th at noon

3

#### Reindeer Round-up

Date: Saturday, December 12

Time: 8:15 AM

Location: West Wetlands Park

Deadline to register: December 7th at noon

4

#### **New Year's Resolution**

Date: Saturday, January 9

Time: 8:15 AM

Location: West Wetlands Park

Deadline to register: January 4th at noon

5

#### **Fantastic February Race**

Date: Saturday, February 6

Time: 8:15 AM

Location: Gateway Park

Deadline to register: February 1st at noon

6

## March on City Finals

Date: Saturday, February 27

Time: 8:15 AM

Location: West Wetlands Park

Deadline to register: February 22nd

at noon



We start as a group of people...we finish as a group of friends

Free

FREE to ALL Yuma County Employees & Dependents on the YCEBT Medical Health plan that participate in the event. (Sponsored by the YCEBT wellness program. On site registration will not be available.

Sign Up The registration form for the this event is attached. Pre-Register for all 6 events (Includes City of Yuma T-shirt) or register month by month.

Family (not on health plan) & Friends wishing to participate may do so by contacting the City of Yuma Parks & Recreation (928) 373-5200 for registration and payment information.

Trail Info. Most of the course is run on paved and groomed trails, but sometimes the course may be rugged with graveled areas. Heavy duty strollers, such as jogging strollers, are highly recommended for those participants that have small children with them.

T-Shirt

All County Employees & dependents on the County health plan who participate will receive a T-Shirt from Yuma County.

(Only one T-Shirt per participant)

Contact Info. Please email or fax registration forms to the Human Resources by the deadline/cutoff date.

Phone Number: 928-373-1013 Email: HRBenefits@yumacountyaz.gov

Fax: 928-373-1156

Please observe social distancing and wear masks when picking up race bibs, registering on-site, and before and after the run.

Runners will not be required to wear masks while on route. Further guidelines may

be announced in days leading up to the event. The City of Yuma reserve the right to cancel runs if necessary.